

Welcome to Glostrup Swim Club

We welcome you to season 2019/2020 in Glostrup Swim Club. We hope you may feel at home in our community.

Where and when do I join for practice?

Training time and day of the week is on the email confirmation you received, when you signed up for a class via www.gskswim.dk. The first time you come to training, you must contact the ticket office I Glostrup Fritidscenter, and here state your name and team number. Please bring your mail receipt. Here you will be photographed and get a digital bracelet that ensures you access and closet in the locker room.

How do I get in for practice?

You must use your bracelet at the ticket gate at entry. You must be leaving within 30 min. from end of your training. You should not use the handicap door, even if it is open.

The bracelet is valid for the entire season. If you change team, GSK will inform Glostrup Fritidscenter of your new team, but you must contact the ticket office when you start at the new team, in order to have your bracelet updated.

You must bring the digital bracelet each time. Take good care of the bracelet.

If you lose your bracelet, you can get a new for the costs kr. 25. You must acquire a new bracelet at the ticket office.

You enter with your bracelet 15 minutes before training and you must exit within 30 minutes after the training time ended. You have only access to swimming lessons and not Leisure Centre's other facilities. If you want to jump on the lashed, run the slide, or swim before or after exercise, you must purchase the extra admittance at the ticket office and have your bracelet updated.

If your parents want to swim, sit in the sauna, or otherwise use the swimming hall, while you are training, they have to purchase a regular ticket information.

There is no supervision in the locker rooms, but there are lockable wardrobes. Your bracelet will give you access to a locker.

If your father or mother wants to accompany you in the locker room

There are established some rules, if your father or mother will go with you into the locker room, for the sake of the other swimmers and public bathing facilities.

- Baby teams (Baby 1-4) two parents per. baby can attend classes. The bracelet will provide the access for two parents.

All children must wear swim-diaper and GFC approved swim-diaper-pants. Swim-diaper-pants are sold by GFC Information, price DKK 149.

- **Other training teams**

Your father or your mother can join you in the locker room, as long as you are under 7 years.

- If you are 7 years old you are expected to get dressed and wash without help. If there are special circumstances, which means that your father or mother have to be with you in the locker room, please contact the ticket office, which decides whether to waive the rules. Glostrup Swim Club has no effect on the rules laid down by the Glostrup Municipal.

Where should my father and mother be while I am swimming?

To get the most out of swimming lessons, your parents should sit on the balcony or in the café, if they want to see you swim.

It is not allowed to stay in the swimming pool during the lecture, unless you redeem a ticket.

How long is my membership?

The season in Glostrup Swim Club starting September 1, 2019 and close by 31 May 2020.

Your membership will terminate if you in writing terminate your participation at your team, or if you choose not to renew / pay for your membership for a new season. There is no refund quota for an interrupted membership during the season.

Vacation, public holidays for the season 2019/2020

The first training day: September 1th, 2019

Last training day: May 31th, 2020

Thanksgiving Monday, October 14th, 2019 to Sunday, October 20st, 2019

GSK Advent Swim meet..... Sunday 1st December 2019

Christmas Holidays Sunday, December 23rd, 2019 to Wednesday, January 1st, 2020

Winter Monday, February 17th, 2020 to Sunday, February 23rd, 2020

Easter Thursday, April 9th, 2020 to Monday, April 13th, 2020

1st of May..... Friday, May 1st, 2020

GSK Spring Cup Swim meet... Saturday, May 2nd and Sunday may 3rd, 2020

Prayer Day Friday, May 8th, 2020

Ascension Thursday, May 21th, 2020

During the season there will be a few swim meets at the swimming pool, and your practice will be affected.

Swimming school organizes during the season events you are invited to attend. Your education may also be affected these days, but then you have the opportunity to participate in the activity instead.

It happens from time to time by sickness can not provide replacement for coaches and there may be cancellation due to technical reasons, for which the Recreation Centre (Glostrup Fritidscenter) is responsible for.

If your training is cancelled, you will receive no financial compensation for the lack of education.

Closing days or other cancellations will be announced by mail and announced on our Facebook page.

If you have any questions

Send an Email to Member Register medlem@gskswim.dk. You will usually get a response within 24 hours. Here we can answer all questions regarding team changes and coaches, address changes, signup and resignation and in general everything that has to administration of the swimming school to do.

For other inquiries please contact one of the club's board of directors, which you can find on the website under "club info". If you are unsure, you can always send an email to President Mette Dam Mikkelsen: formand@gskswim.dk

We hope you have a fun and educational season in Glostrup Swim Club.

Friendly greetings

Glostrup Svømmeklub

Click here to visit us on the website or on Facebook

www.gskswim.dk

[GSK Facebook](#)